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## COFFEE TERMS & QUICK COFFEE TRIVIA

### Glossary of Coffee Terms

**Acidity:** - A gentle pucker found in the body of a good cup of coffee or espresso. A moderate amount of acidity adds balance to the flavor of coffee.

**Arabica:** - Original species of the coffee plant found growing wild in Ethiopia and Africa. Due to their intense aromatic flavors these high quality beans are used exclusively by specialty coffee roasting companies.

**Balance:** - Just the right flavor, aroma and body extracted from the beans.

**Body:** - The strength and substance of the coffee beverage.

**Estate Coffees:** - Coffees grown by a single owner or company.

**Green Coffees:** - The unroasted seeds of the coffee cherry after they have been processed.

**Nutty:** - Nuttiness is a flavor perceived in freshly roasted coffee: it is more pronounced in some coffees than in others.

**Peaberry:** - A small, round single bean rather than the two larger ovals found in a coffee cherry. Some say the peaberry is superior to the flat bean varieties.

**Sourness:** - A flavor that sometimes comes out if the coffees are picked before ripening. It can also mean a taste sensation found in some strongly acidic coffees.

**Specialty Coffees:** - High quality, single origin, Arabica beans that have been freshly roasted in small batches. Careful blending is sometimes used to develop complementary tastes.

**Single Origin Coffees:** - Unblended, straight coffees from a specific country or region.



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## **QUICK COFFEE TRIVIA**

A scientific report from the University of California found that the steam rising from a cup of coffee contains the same amounts of antioxidants as three oranges. The antioxidants are heterocyclic compounds which prevents cancer and heart disease. It's good for you!

Coffee is the most popular beverage worldwide with over 400 billion cups consumed each year.

Coffee represents 75% of all the caffeine consumed in the United States.

Coffee, as a world commodity, is second only to oil.

The heavy tea tax imposed on the colonies in 1773, which caused the "Boston Tea Party," resulted in America switching from tea to coffee. Drinking coffee was an expression of freedom.

The United States is the world's largest consumer of coffee, importing 16 to 20 million bags annually (2.5 million pounds), representing one-third of all coffee exported. More than half of the United States population consumes coffee. The typical coffee drinker has 3.4 cups of coffee per day. That translates into more than 450,000,000 cups of coffee daily.

Dark roasted coffees actually have LESS caffeine than medium roasts. The longer a coffee is roasted, the more caffeine burns off during the process.